

what is Teasing

Annoying or irritating another person. The teasing is not repeated over and over. If you ask the person to stop they would.

Remember when people tease you they want to see your reaction. Always remember that you have choices when you are teased.

Some things you can do are:

- ♣ Ignore the person
- ♣ Agree with what the person said
- ♣ Distract the person teasing by talking about something else.
- ♣ Laugh or joke about it
- ♣ Stay away from that person

Always talk to an adult if you have questions about teasing. Never be afraid to ask an adult for help.